

Terms & Conditions  
Cut19 Terms of Service (“Agreement”)

This Agreement was last modified on August 19, 2020 and is governed in accordance with U.S. Law.

Please read in full these Terms of Service for using CUT19.COM which is owned and operated by 300 South Media Group. This Agreement documents the legally binding terms and conditions attached to the use of CUT19.COM from here on known as “the Site”.

By using or accessing the Site in any way, viewing or browsing the Site, or adding your own content to the Site, you are agreeing to be bound by these Terms of Service.

Intellectual Property (Copyright)

The Site and all of its original content are, unless otherwise noted, the joint property of Cut19 and the author and are, as such, fully protected by the appropriate international copyright and other intellectual property rights and laws. You are not allowed to copy, reproduce, sell, distribute, publish, modify or exhibit any of the original content or intellectual property published on this website without the explicit permission from the management of Cut19 unless the purpose is to share or promote the Site

Cut19 reserves the right to edit, alter and update all content of submitted articles, including the title and images — at our discretion. Our editorial team remains open to any ideas and suggestions and will consider any specified requests by the submitter prior to publishing. The writer retains the right to retract the article before publishing.

It is also the submitting party’s (the party submitting content to Cut19 for inclusion on the Site) responsibility to ensure that they have all the rights to all the submitted content (e.g. copy or imagery).

Cut19 is not responsible for any copyright infringement on submissions, if not notified of the infringement by the submitting party. If notified of copyright violation, we will promptly remove or properly credit the content. We obtain our images from a great variety of sources and do our best to credit them accordingly while claiming no rights to improperly credited images. If you are the copyright owner or the agent of the copyright owner and believe that any of our content infringes upon you or your client’s copyright, please send an immediate request for removal to [submissions@cut19.com](mailto:submissions@cut19.com).

Submitting content previously published on the Site to another website or for print publishing:

To republish or share more than 25% of the written content of an article published on the Site, on or to another website, you must change the title, as to not interfere with online search engines and you must use a different featured image. We also ask that Cut19 is credited at the top or bottom of the article as follows:

“This article was previously published on Cut19.”

(link the original URL to the words “Cut19”.)

The only exception to this being the author’s personal website or social media accounts.

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We do not republish content previously posted elsewhere, with the exception of the author’s own website. To get content published on the Site, we ask that you notify us if your content is published elsewhere before it is published on the Site. For this reason, we ask that you notify us if you decide to submit the same material to another website while it is awaiting review/publication on the Site.

Links to other websites

Our Site contains a number of links to other websites and online resources that are not owned or controlled by Cut19. Therefore Cut19 can’t assume responsibility for, the content or general practices of any of these third party sites or online resources. We strongly advise you to read the entire terms and conditions and privacy policy of any site that you visit as a result of following a link that is posted on the Site.

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With full transparency, from time to time, the posts and pages within cut19.com may contain affiliate links, third party advertisement, which means we may get compensated/earn a commission at no extra cost to you if the affiliate links are utilized to make a purchase. Read our full affiliate disclosure [here](#).

Our editorial content, including the advice we provide for educational purposes and the opinion expressed on products, services and merchants is not influenced in any way by advertisers or affiliate partnerships and the integrity of our content is in no way compromised by such financial relationships.

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It remains solely your personal responsibility to conduct your own investigation to determine whether to purchase an affiliate product or service.

You will not rely on any recommendation, reference, or information provided by us and we cannot be held liable or responsible for any damages resulting from your purchase.

We are a participant in the Amazon Services LLC Associates Program, an affiliate advertising program designed to provide a means for us to earn fees by linking to Amazon.com, their services, and affiliated sites. As an Amazon Associate we earn from qualifying purchases.

## Content Disclaimer

The Site contains information and advice on a wide range of subjects. You acknowledge and agree that the following warnings and disclaimers shall apply to all of the content on the Site.

Before following any advice made accessible on the Site or in the programs or courses offered through the Site, we strongly recommend that you consult with a professional healthcare provider. Cut19 and its staff are not licensed medical care providers, therapists, psychiatrists, psychologists, relationship counselors, life coaches, first-respondents or professional care provider and have no expertise in advising on, diagnosing, examining, or treating medical, psychological, emotional, relationship, or personal growth conditions of any kind, or in determining the effect of any specific action, activity, routine or program on a medical condition or any other condition. Some of Cut19's content providers may be professional care providers, but Cut19 is merely providing you with general education and information. You acknowledge and agree that when participating in any activity or program described on the Site or made accessible through the Site, there is the possibility of physical injury, emotional distress and/or death, and you assume the risk and responsibility for any such results.

Our content is not meant to replace professional advice professional care providers and we make no warranties, express or implied, as to the effect of any information shared on or through the Site. You are advised that all professional advice is subject to updates and improvements due to ongoing research and development. However, we are committed to delivering to you the most up to date information, but we make no guarantee that the information herein is the most recent on any particular subject. You are encouraged to consult with a professional with any questions or concerns you may have regarding any condition that you may have before starting any program made accessible on or through the Site.

You should never disregard professional advice or delay seeking it because of a statement you have seen or heard on our Site. Our content should not be used to replace professional advice given by qualified medical professionals such as your doctor, your registered dietitian or other professional care provider. If you know or suspect that you may have an eating disorder, have diabetes, be pregnant or have any other physical, psychological, emotional or medical condition, it is vital that you seek the advice of your professional care provider prior to following the advice found on or through the Site. If you experience any discomfort or pain during an activity made accessible on or through the site, you must immediately cease the activity and seek the assistance of an applicable professional care provider.

## Comment Section

Cut19 provides space for user discussion in the comment section below each article. Each comment is approved by our team before being posted. This may take up to 24 hours. All derogatory, offensive or defamatory comments will be removed immediately. Users who engage in repeated defamatory or derogatory commentary will be banned from the site. Cut19 reserves the rights to delete any comments that do not abide by this policy.

Cut19 is not responsible for any information disclosed in the comment section by users of the comment section on the Site. Feel free to contact us at [info@cut19.com](mailto:info@cut19.com) with any concerns regarding comments on the site.

### Changes to This Agreement

Cut19 reserves the right to modify these Terms of Service at any time. We do so by posting and drawing attention to the updated terms on the Site. Your decision to continue to visit and make use of the Site after such changes have been made constitutes your formal acceptance of the new Terms of Service.

Therefore, we ask that you check and review this Agreement for such changes on a regular basis. Should you not agree to any provision of this Agreement or any changes we make to this Agreement, we ask and advise that you discontinue your use of the Site immediately.

### Contact Us

If you have any questions about this Agreement, please feel free to contact us at [info@cut19.com](mailto:info@cut19.com)